




















The Department of Senior Affairs Senior Meal Program is proud to be part of the **New Mexico Grown** state initiative to provide locally sourced fruits, vegetables, beans, and



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Closed in Observance of New Year's Day</p>	<p>3</p> <ul style="list-style-type: none"> ◆ Beef Tips w/Gravy/Pasta ◆ Green Peas ◆ Bread Stick ◆ Greek Yogurt ◆ 1% Milk 	<p>4</p> <ul style="list-style-type: none"> ◆ Omelet w/Cheese/Veggies ◆ Diced Red Potatoes ◆ Peach Cobbler ◆ 1% Milk 	<p>5</p> <ul style="list-style-type: none"> ◆ Turkey Pot Pie ◆ Steamed Broccoli ◆ Seasonal Vegetable ◆ Applesauce ◆ 1% Milk 	<p>6</p> <ul style="list-style-type: none"> ◆ Pork chop with Rice ◆ Seasonal Vegetable ◆ Green Beans ◆ Seasonal Fruit ◆ 1% Milk 
<p>9</p> <ul style="list-style-type: none"> ◆ Baked Tilapia ◆ Collard Greens ◆ Corn Bread ◆ Cookie ◆ 1% Milk 	<p>10</p> <ul style="list-style-type: none"> ◆ Chicken Alfredo w/ Green Chile ◆ Sliced Carrot ◆ Steamed Broccoli ◆ Seasonal Fruit ◆ 1% Milk 	<p>11</p> <ul style="list-style-type: none"> ◆ Roast Beef w/Brown Gravy ◆ Mashed Potatoes ◆ Green Beans ◆ Red Grapes ◆ 1% Milk 	<p>12</p> <ul style="list-style-type: none"> ◆ Sweet and Sour Pork ◆ Brown Fried Rice ◆ Stir Fry Vegetable ◆ Seasonal Fruit ◆ 1% Milk 	<p>13</p> <ul style="list-style-type: none"> ◆ Pasta Primavera ◆ Seasonal Vegetable ◆ Seasonal Fruit ◆ Dinner Roll ◆ 1% Milk 
<p>16</p> <p>Closed for Martin Luther King Day</p>	<p>17</p> <ul style="list-style-type: none"> ◆ Green Chile Chicken Posole ◆ Fajita Blend ◆ Cabbage ◆ Vanilla Pudding ◆ Flour Tortilla ◆ 1% Milk 	<p>18</p> <ul style="list-style-type: none"> ◆ Baked Ziti ◆ Green Beans ◆ Breadstick ◆ Seasonal Fruit ◆ 1% Milk 	<p>19</p> <ul style="list-style-type: none"> ◆ Roasted Pork Loin ◆ Seasonal Vegetable ◆ Brussel Sprouts ◆ Pineapple ◆ Dinner Roll ◆ 1% Milk 	<p>20</p> <ul style="list-style-type: none"> ◆ Sloppy Joes ◆ Tater Tots ◆ Broccoli ◆ Seasonal Fruit ◆ 1% Milk 
<p>23</p> <ul style="list-style-type: none"> ◆ Chicken Parmesan ◆ Ancient Grain ◆ Cauliflower ◆ Mandarin Orange ◆ 1% Milk 	<p>24</p> <ul style="list-style-type: none"> ◆ Carne Adovada ◆ Pinto Beans ◆ Calabacitas ◆ Mixed Fruit ◆ 1% Milk 	<p>25</p> <ul style="list-style-type: none"> ◆ Cheeseburger ◆ French Fries ◆ Bell Pepper & Onions ◆ Banana ◆ 1% Milk 	<p>26</p> <ul style="list-style-type: none"> ◆ Baked Cod ◆ Lemon Butter Orzo ◆ Spinach & Onions ◆ Applesauce ◆ Dinner Roll ◆ 1% Milk 	<p>27</p> <ul style="list-style-type: none"> ◆ Cheese Omelet & Hash Browns ◆ Stewed Tomatoes ◆ Cherry Cobbler ◆ Biscuit ◆ 1% Milk 
<p>30</p> <ul style="list-style-type: none"> ◆ Salmon ◆ Rotini Pasta ◆ Seasonal Vegetable ◆ Seasonal Fruit ◆ 1% Milk 	<p>31</p> <ul style="list-style-type: none"> ◆ Green Chile Beef Enchiladas ◆ Spanish Rice ◆ Pinto Beans ◆ Seasonal Fruit ◆ 1% Milk 	<p>1</p> <ul style="list-style-type: none"> ◆ Baked Ziti ◆ Steamed Zucchini ◆ Garlic Breadstick ◆ Greek Yogurt ◆ 1% Milk 	<p>2</p> <ul style="list-style-type: none"> ◆ Oven Fried Chicken ◆ Roasted Sweet Potatoes ◆ Collard Greens ◆ Dinner Bread ◆ Seasonal Fruit ◆ 1% Milk 	<p>3</p> <ul style="list-style-type: none"> ◆ Ham & Potato Soup ◆ Roasted Corn & Red Peppers ◆ Cherry Cobbler ◆ Biscuit ◆ 1% Milk 